



**FRIDAY, February 21, 2026
SWIMMING WARM-UP
CLASS 2 GROUPS**

<p style="text-align: center;"><u>GROUP 1</u> 2:45 – 3:05 pm – Laps 4:05 – 4:15 pm – Take-offs</p>	<p style="text-align: center;"><u>GROUP 2</u> 3:05 – 3:25 pm – Laps 3:55 – 4:05 pm – Take-offs</p>	<p style="text-align: center;"><u>GROUP 3</u> 3:25 – 3:45 pm – Laps 3:45 – 3:55 pm – Take-offs</p>
<p>Blue Springs South Francis Howell Francis Howell Central Jackson Lee's Summit Lee's Summit North Lee's Summit West Liberty Liberty Wentzville Park Hill South Raymore-Peculiar Rock Bridge</p>	<p>Cor Jesu Academy Eureka Kickapoo Kirkwood Liberty North MICDS Nixa Oak Park Parkway South Pattonville Pembroke Hill Staley</p>	<p>Blue Springs Carthage Ft. Zumwalt North Hickman Lafayette Wildwood Lindbergh Marquette Ozark Park Hill Republic St. Joseph's Academy Truman Westminster Christian Academy</p>